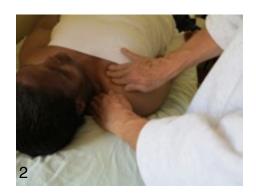


PARAY MISSION HOSPITAL AND SCHOOL OF NURSING Physiotherapy Departement

Edema therapy for the arms





Behind and in front of the clavicula (always on both sides and arms)



Lymph nodes axillaris





From the axilla of the inner side of the arms towards the elbow...



...Drain the upper arm in three lines towards the elbow (4, 5 and 6)

11



Lymph node cupitales and on both sides of the epicondylus



Forearm in 2 - 3 lines towards wrist



Upper and inner side of wrist



All the fingers