



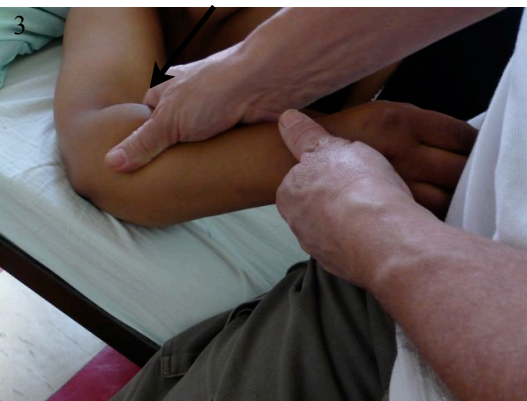
Elbow mobilisation



Massage elbow inside



Massage upper arm inside



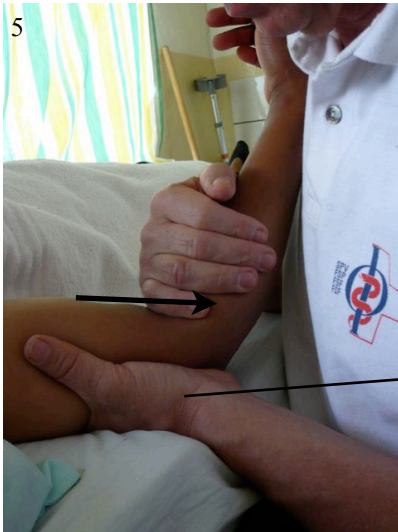
Massage elbow lateral



Elbow mobilisation



Massage lower arm inside



Elbow distraction

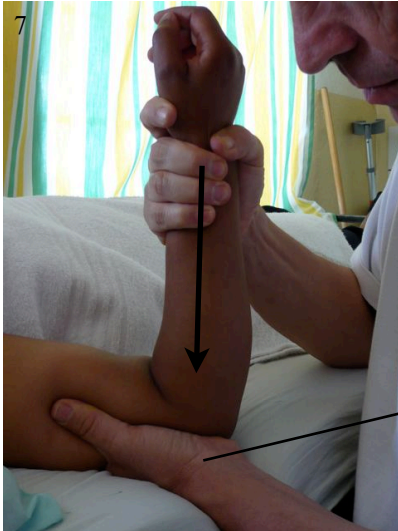
stabilizing hand



Mobilisation of radial head pa



Elbow mobilisation



Ulna mobilisation ap in flexion
(longitudinal pushing)

stabilizing hand



Ulna mobilisation pa in flexion
(longitudinal pulling)

stabilizing hand



Ulna mobilisation ap wrist technique

stabilizing hand