



## **Basic respiratory Physiotherapy**



**Abdominal breathing**



**Abdominal breathing 2**



**Lower Chest breathing to the Side**



## Basic respiratory Physiotherapy



**Sternal breathing**



**Halfmoon position to the right.**



**Vibration technique leftside lying**



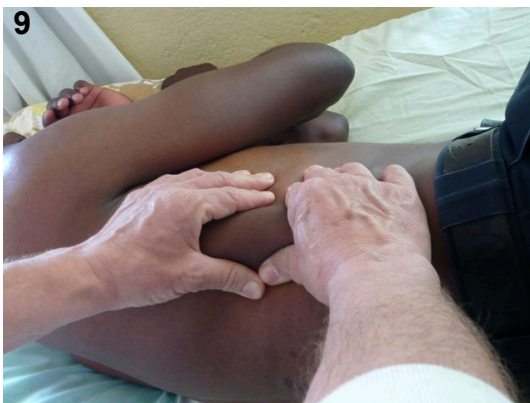
## Basic respiratory Physiotherapy



**Percussion technique in side lying**



**Percussion technique in side lying 2**



**Skin rolling technique**



## Basic respiratory Physiotherapy



**Skin rolling technique 2**



**Skin pulling technique**



**Massage intercostal muscles**





## Basic respiratory Physiotherapy



**Massage sternum**



**Massage with eucalyptus oil on sternum**



**Massage sternum 3**



## Basic respiratory Physiotherapy



**Inhale with chest mobilisation**



**Exhale mobilisation**



**Half rotation position**



## Basic respiratory Physiotherapy



**Vibration technique in half rotation position**



**stretching position in side lying**



**Prone lying for vibration and percussion technique**



## **Basic respiratory Physiotherapy**



**Percussion technique while sitting**



**Massage technique over the back**





## **Basic respiratory Physiotherapy**



**Wound protecting breathing and cough technique**



**Assisted inhale exercise in sitting**