



## Selibeng sa thuto ea masapo le mesifa Paray Hospital

### Physio Questions 1

1. What do we understand by the term physiotherapy?
2. How does the physiotherapists uniform look like?
3. Name five areas where physiotherapy services are provided.
4. Who can benefit from physiotherapy services?
5. Physiotherapy works a lot with physical exercise. Name at least three positive effects of exercising the body.
6. Physiotherapy uses a lot of massage techniques. Name at least three positive effects of massaging the body.
7. Physiotherapy works with individuals and groups. Name three positive aspects of doing physiotherapy with patient-groups.

Enjoy answering these questions and if you like to send them back to me, you will find an envelope enclosed.

Sala hantle  
Ntate Thuso