



Physio Questions 5

1. A patient with a dry cough can be helped to produce sputum. How can you do that?
2. Explain the technique of exhale cough.
3. What does it mean when a patient has a yellowish sputum?
4. What does it mean when a patient has a reddish sputum?
5. What do we understand by postural drainage?
6. How do you help a patient with whistling and noisy breathing?
7. How can you give help to a respiratory patient with steam inhalation? Describe techniques to use natural remedies.

Enjoy answering these questions and if you like to send them back to me, you will find an envelope enclosed.

Sala hantle
Ntate Thuso