



Physio Questions 10

1. Name three types of walking aids
2. When the left foot must be relieved, on which side should the walking aid be used?
3. At what height is the handle of a walking aid to be set?
4. Describe walking with two crutches when the left foot must be completely relieved.
5. Describe walking with two crutches on a staircase
6. How can excessive compression in the palm of the patients hand be avoided, when walking a long with crutches?
7. When is it helpful for a half-paralyzed patient (hemiplegia) to walk with a stick and when not?

Enjoy answering these questions and if you like to send them back to me, you will find an envelope enclosed.

Sala hantle
Ntate Thuso