

Physio questions 17, lymphdrainage

1. When do you do lymphdrainage?
2. In which direction of the body do you do lymphdrainage?
3. What kind of movements do you do with your hands?
4. Where do you begin your lymphdrainage in case of calf edema?
5. Write down 3 exercises to teach the patients with calf edema.
6. What are the contraindications of lymphdrainage?
7. Where are the most important lymphnode bundles in the leg?

Enjoy answering these questions and if you like to send them back to me, you will find an envelope enclosed.

Sala hantle
Ntate Thuso