## Physiotherapy in Lesotho www.physioinlesotho.ch

## Physio questions 18, arms

1.	In which position do you look at the patient?
2.	what do you observe, check?
3.	Write down all the joints you mobilize against shoulder pain?
4.	How and in which position can you mobilize the scapula?
5.	Is it important to mobilize the neck and its muscles against shoulder pain?
6.	How do you treat the hemiplegic hand?
7.	How do you mobilize the hemiplegic shoulder?
Enjoy answering these questions and if you like to send them back to me, you will find an envelope enclosed. Sala hantle Ntate Thuso	